



## MINER'S WALKING TRAIL VILA REAL



The "Miner's Walking Trail" is a circular trail starting and ending next to the information board near the Parish Church of Vila Cova.

This trail runs along the border of the municipalities of Vila Real and Mondim de Basto and crosses the memory of mining in the region.

The route crosses Vila Cova, where the generous presence of schist as a building material is recognised, heading south along an old rural path, accompanied by the left bank of the Vila Cova stream, allowing close contact with the intensive agriculture of the valley oriented towards the production of grass for cattle (Maronesa cattle breed), and communication with the slopes of the valley covered with forests, which alternate between pine, oak and chestnut trees.

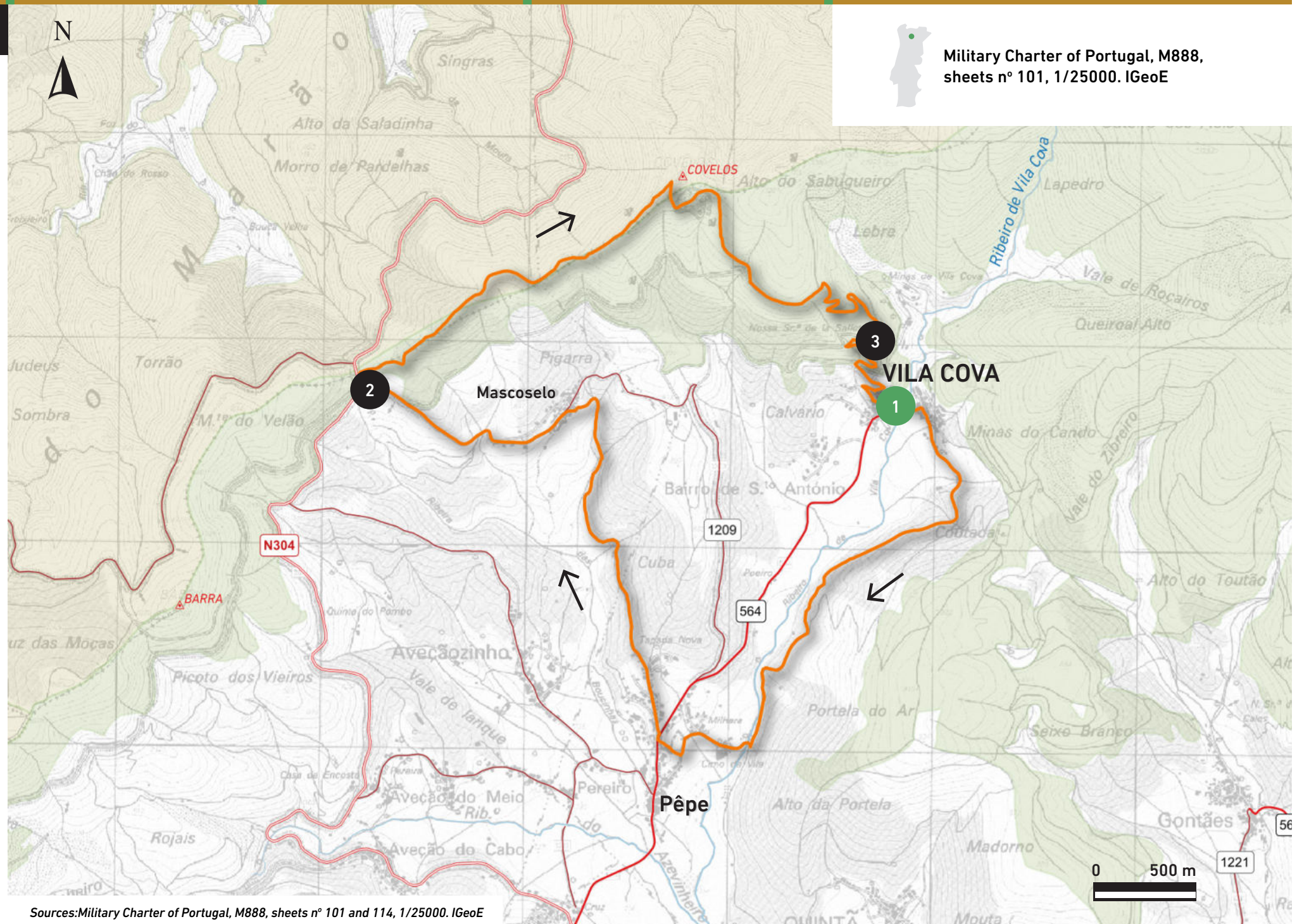
Passing through Pêpe, where imposing rural houses stand out, the route continues northwards, passing through the village of Mascoselo, skirts the Forest Guard House and continues along a path that will allow you to reach the Geodesic landmark of Covelos, the highest point of the route with an altitude of over 1100m.

On the way back to the starting point, several manifestations reveal the intense mining activity that developed here in the exploitation of iron (wolfram) during a substantial part of the 20th century, and it is essential to visit the Sanctuary of Our Lady of La Salette, patron saint of miners.

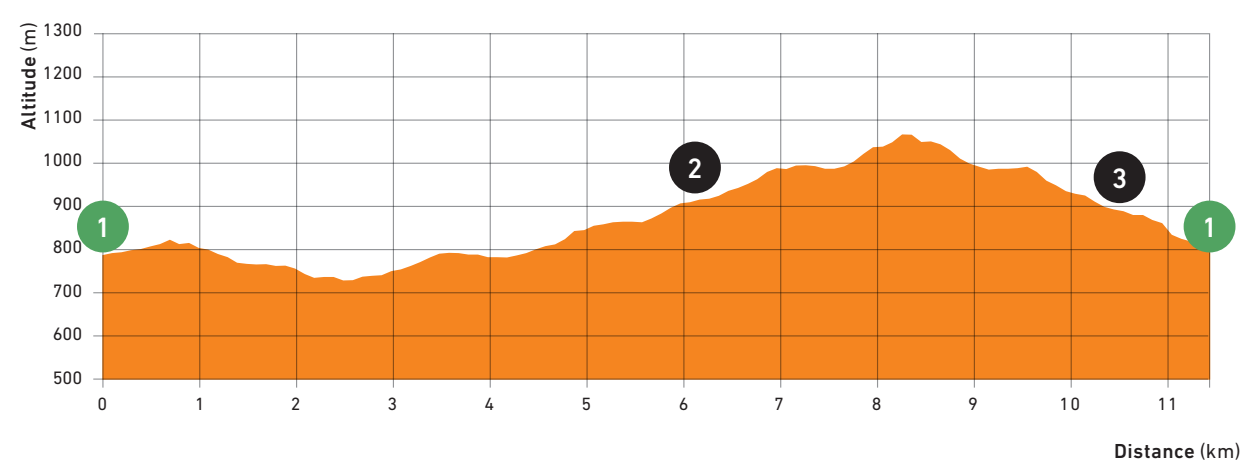
| TYPE OF TRAIL | DISTANCE | DURATION    | MIN-MAX       | CUMULATIVE GAP |
|---------------|----------|-------------|---------------|----------------|
| Circular      | 11,5 km  | 4 h 00 min. | 730 m  1068 m | +408 m  -408 m |

### CAPTION

- Walking Trail PR8 VRL
- Recommended Way
- Mondim de Basto Forest Perimeter
- Forest Perimeter of the Marão, Vila Real and Ordem Mountains
- 1 Parish Church of Vila Cova  
Start and end of PR8 VRL  
41° 18' 58" N, 7° 51' 24" W
- 2 Forest Guard House
- 3 Sanctuary of Our Lady of La Salette



### GRADIENT PROFILE



### GRADING

#### SOMEWHAT DIFFICULT

The difficulty level is represented by 4 different symbols each of them ranges from 1 (the easiest) to 5 (the most difficult).

- Environmental adversity 1
- Orientation 2
- Type of ground 2
- Physical effort 3

Calculated according to Mide (Método de Información de Excursiones)



### WALKING CODE

Follow only signalized tracks; Avoid making noise and disturb local peace and quiet; Watch but do not disturb the animals; Do not damage vegetation, leave waste, make fire, collect plants or rocks; Be kind to people you may meet; In case of accident, inform your position using the numbers on the map.



### RECOMMENDED SEASON

The walking trail may be done any time of the year, although some precautions shall be taken into account considering the high temperatures during the summer season and the low temperatures, fog and snowfall during the winter season.

### TRAIL SIGNAGE

- right way
- wrong way
- turn left
- turn right

### USEFUL CONTACTS

SOS: 112  
Municipality of Vila Real (+351) 259 308 100  
Tourist Office (+351) 259 308 170

